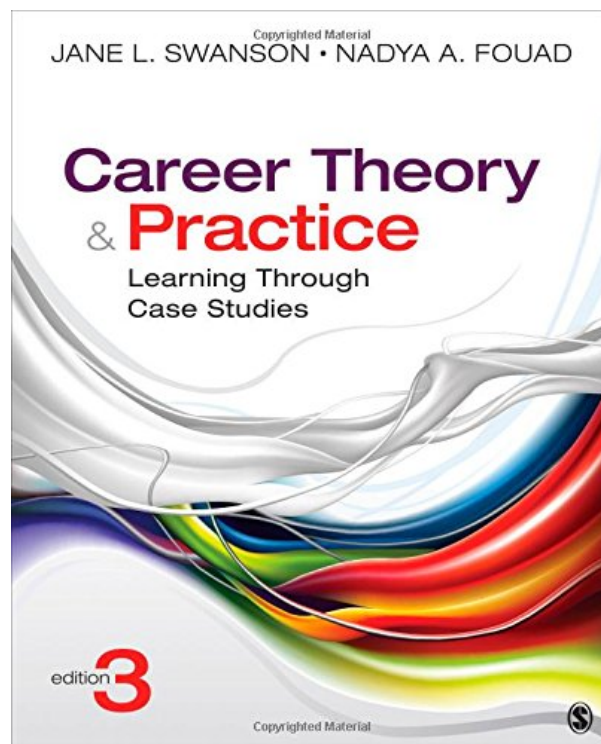


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LEARNING THROUGH CASE STUDIES BY  
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## Review

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"The case study method is very effective. Students can see firsthand how the theories are interpreted and applied. Often they get a better understanding of their own lives and career history." (Anne Zachmeyer, Rochester Institute of Technology)

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## About the Author

Nadya A. Fouad, Ph.D. is a professor in the Department of Educational Psychology at the University of Wisconsin-Milwaukee and training director of the Counseling Psychology program there. She was President of Division 17 from 2000-2001, and previously served as Vice President for Diversity and Public Interest (1996-1999). She is chair-elect-elect of the Council of Counseling Psychology Training Programs (2003-2007). She serves on the editorial boards of the Journal of Counseling Psychology, Journal of Vocational Behavior, Career Development Quarterly, and the Journal of Career Assessment. She has published articles and chapters on cross-cultural vocational assessment, career development, interest measurement, cross-cultural counseling and race and ethnicity. She has served as co-chair (with Patricia Arredondo) of the writing and implementation team with Division 45 of the Multicultural Guidelines, which were approved by APA in August, 2002 and published in the American Psychologist in May, 2003.

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Designed to help readers apply career development theories to their work with career counseling clients, *Career Theory and Practice: Learning Through Case Studies* links major career development and choice theories to a fictional case client. Authors Jane L. Swanson and Nadya A. Fouad use this case study approach throughout the book to provide an integrative thread that illustrates similarities and differences between the featured theories. The Third Edition has been updated and substantially expanded to be a primary text for a graduate course in Career Development and Counseling.

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- Sales Rank: #50594 in Books
- Published on: 2014-07-11
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 7.50" w x .75" l, .0 pounds
- Binding: Paperback
- 408 pages

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Great for some theories, bad for others

By J. Reed

Let's face it, you're probably buying this because a professor assigned it, not for light reading. It's great for some theories (Holland, and Social-Cognitive). But for others (Super's Theory, for example), it's completely unintelligible. It's a very dry book, which is to be expected, but it could really do a much better job of illustrating some of the theories and clearly laying out the core components of a theory in bullet form as well as in prose. The case studies are helpful at times, but I dislike their approach of trying to use the same case study for every single theory. There are times when the client's situation calls for certain theoretical approaches and disqualifies others, and that's just the way it is. (If you try and use a trait-and-factor approach when the client's work is causing problems with his/her home life, then that's not going to be terribly helpful). There are smaller case studies in each chapter, however, and those can be helpful. If you have a great professor (like I did) and review a lot of the theories in class, you'll be fine, but if you try and just use this book as your only resource, you'll be disappointed.

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Be sure you're getting the right edition!

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3 of 3 people found the following review helpful.

A textbook that doesn't read like one

By Deb

Although it's a textbook, this book is highly readable. Really!

Weaving case studies into the approaches and theories of career counseling, this book stands out from your average textbook. The content of each chapter is clearly illustrated and effectively driven home by applying it to the case of "Leslie"--by the end of the book, you'll know her as well as you'll know all the career

counseling approaches and theories!

The book is thorough in scope, well-written, and well-organized. After providing an overview of career counseling, it looks at several approaches to counseling (gender-aware, feminist, culturally approaches), as well as significant career development theories (Holland's Theory of Vocation Personalities and Work Environments, The Theory of Work Adjustment, Super's Developmental Theory, Gottfredson's Theory of Circumscription, and Social Cognitive Theory). It also has some extra goodies, like sample career assessment profiles, and the NCDA code of ethics.

Intended for graduate-level career psychology courses, this book is probably not one you'd just pick up and read for the heck of it. But, if it's your textbook, you're in for a treat...as far as textbooks go!

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