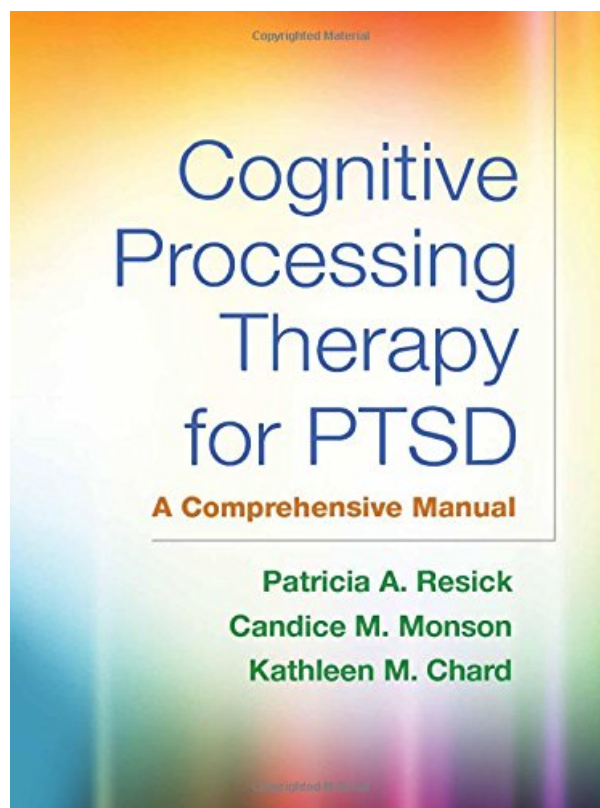
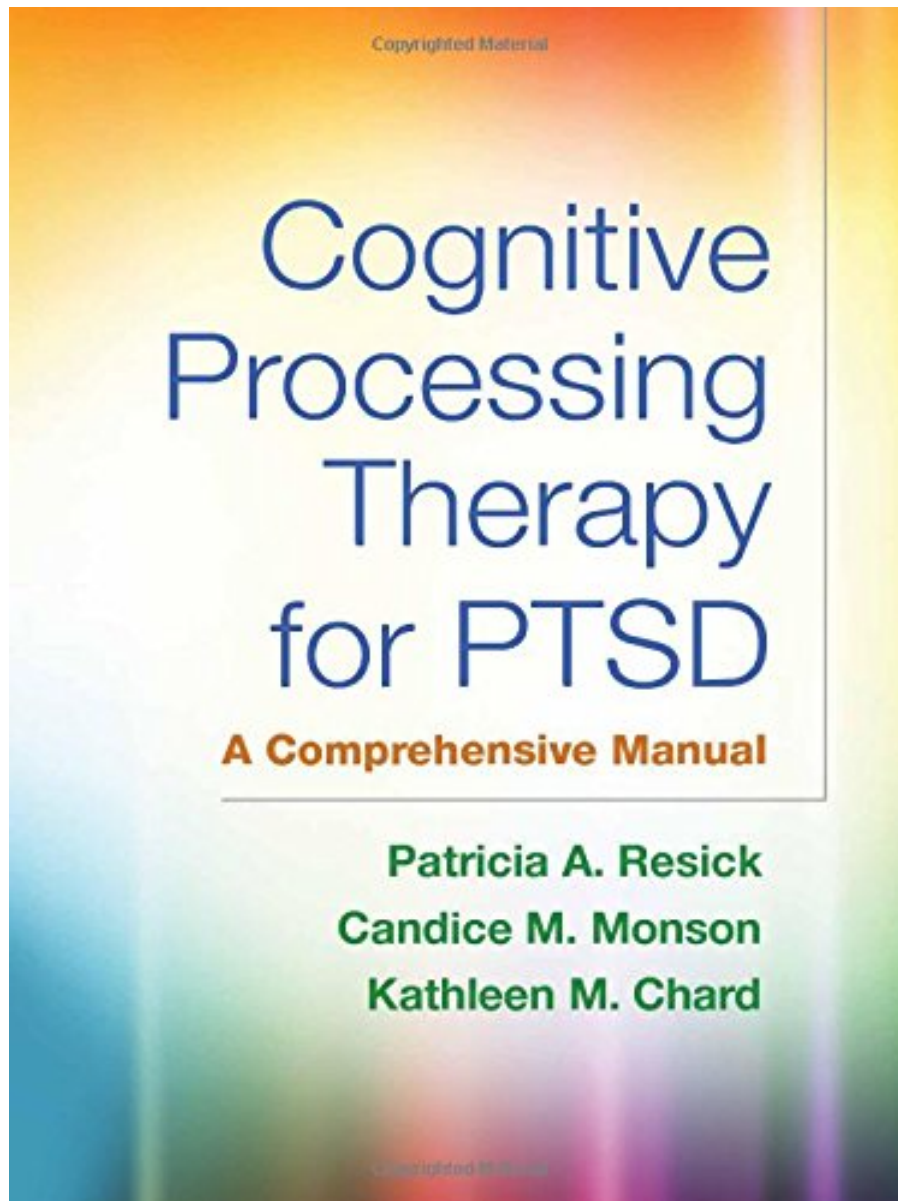


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PTSD: A COMPREHENSIVE MANUAL BY
PATRICIA A. RESICK PHD, CANDICE M.
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Review

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"This indispensable book from three of the top experts in the world presents everything you could possibly want to know about CPT. Beginning with a strong theoretical chapter and moving deftly to a comprehensive review of published clinical trials, this very accessible work considers moderators of treatment, how to address comorbid conditions, patient preparation, and the CPT therapeutic process. The centerpiece of the book is the CPT manual, which offers superb guidance to any practitioner who wishes to utilize this powerful therapeutic approach."--Matthew J. Friedman, MD, PhD, Senior Advisor, National Center for PTSD, U.S. Department of Veterans Affairs; Professor of Psychiatry and Pharmacology and Toxicology, Geisel School of Medicine at Dartmouth

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The culmination of more than 25 years of clinical work and research, this is the authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD). Written by the treatment's developers, the book includes session-by-session guidelines for implementation, complete with extensive sample dialogues and 40 reproducible client handouts. It explains the theoretical and empirical underpinnings of CPT and discusses how to adapt the approach for specific populations, such as combat veterans, sexual assault survivors, and culturally diverse clients. The large-size format facilitates photocopying and day-to-day use. Purchasers also get access to a Web page where they can download and print the reproducible materials.

CPT is endorsed by the U.S. Departments of Veterans Affairs and Defense, the International Society of Traumatic Stress Studies, and the U.K. National Institute for Health and Care Excellence (NICE) as a best practice for the treatment of PTSD.

- Sales Rank: #29568 in Books
- Published on: 2016-12-26
- Original language: English
- Dimensions: 10.50" h x .63" w x 8.00" l, .0 pounds
- Binding: Paperback
- 312 pages

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Excellent manual for the clinician

By Wolfen

This is the civilian version of their manual for the VA clinicians to use with their clients who suffer from PTSD. This is a manual for clinicians use. This book has all of the clinical trial references and documentation in the first couple chapters and it is impressive. As a psychotherapist I have begun to use this manual with my clients and am experiencing good results so far. I am looking forward to using all of the

resources in this manual with all of my clients who suffer from PTSD. I can also see how CPT would be useful for Acute Stress Disorder as well. Maybe even depression.

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horrible ebook version

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Great updates!

By Becky R

As a therapist who has been using CPT prior to this update, I'm thrilled to see some of these revisions and new handouts on stuck points, the star model of trust, responsibility versus blame, etc. it's a great investment for therapists and this treatment has been a game-changer for my clients. Definitely recommend.

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