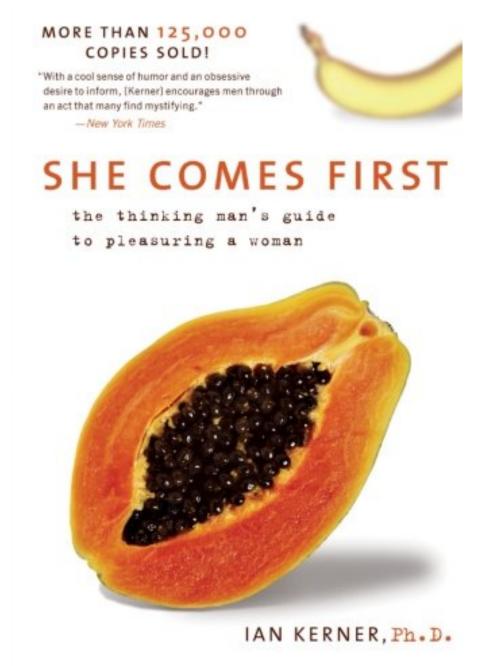


IAN KERNER, Ph. D.

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Amazon.com Review

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"Every man's must-read. Tell your guy to put down the remote and pick up She Comes First." —Cosmopolitan

Ian Kerner offers a radical new philosophy for pleasuring women in She Comes First—an essential guidebook to oral sex from the author of Be Honest—You're Not That Into Him Either. The New York Times praises Kerner's "cool sense of humor and an obsessive desire to inform," as he "encourages men through an act that many find mystifying." An indispensable aid to a healthier, more fulfilling sex life for her and him, She Comes First offers techniques and philosophy that have already earned raves from the likes of bestselling author and Loveline co-host Dr. Drew Pinsky as well as Playgirl magazine, which cheers, "Hallelujah!"

- Sales Rank: #2508 in Books
- Brand: Kerner, Ian
- Published on: 2009-02-01
- Released on: 2010-01-05
- Format: Kindle eBook
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x .60" w x 5.50" l, .60 pounds
- Binding: Paperback
- 240 pages

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Most helpful customer reviews

138 of 148 people found the following review helpful.

Every 18 year old male should be required to read this book.

By E. D. Hance

I thought this book was going to be about physical technique. But, actually it is about slowing down to take a hour or longer, to delay the male's gratification, to learn to read your partner's reactions, to give pleasure without any time table or deadline, to really care deeply for another human being, to enjoy the moment, to not be offended by the smell or taste or feel of your partner, to fully enjoy just being together with another person, to be attracted to the person and want them to enjoy the time together, to have go through all stages in order to reach orgasm and then have a cooling down period of closeness. It really is a book about loving and caring. It is not just about the physical sexual technique or how to get the job done quickly or hooking up with a stranger every Saturday night. The best sex is with someone you really care about and that you take the time at a leisure pace to enjoy sharing an experience. It is sharing and caring at the deepest level.

12 of 12 people found the following review helpful.

Four thumbs up.

By Jake

Bought this as a gift for my wife (not the book silly). It's helped me be smarter in the intimacy realm. I was never afraid to "go-down" and actually quite enjoy it, but was always worried I wasn't doing things right. Well, this book confirmed that and has made me an expert. Wife gives it two thumbs up, all day, everyday. Go for it fellows!

2 of 2 people found the following review helpful.

Mandatory. Plain and simple.

By MotorcycleMan

If you love your wife (and your penis) you must read this book. It changes everything. The female anatomy is truly amazing and this book introduced me to the fantastic and splendor that is the vagina a way that I

was completely ignorant too. I appreciate my wife's body on a much more intimate level now. She loves me loving her body on a different scale too. It's a wonderful, eye opening, how to, in the art of cuninglingus.

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